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EVALUATION OF INDONESIAN MUAYTHAI MARTIAL DEFENSE SPORT ACHIEVEMENT DEVELOPMENT IN 2023

Miranti Nur Anggrahini ¹, Ramdan Pelana ², Oman Unju Subandi ³

^{1,2,3} Physical Education, Faculty of Sports Sciences, Universitas Negeri Jakarta
Jl. Velodrome No.2, RW.6, Rawamangun, Kec. Pulo Gadung, Kota Jakarta Timur, Daerah
Khusus Ibukota Jakarta 13220

Corresponding author. Email : miraanggrahini@gmail.com

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Abstract The aim of this research is to evaluate the development of sports performance in Muaythai martial arts in Indonesia using the context, input, process, and product (CIPP) model. Researchers focus their research on the context, input, process, and product of sports performance development that supports the development of sports performance among muaythai martial arts athletes in Indonesia in an effort to achieve continuously increasing achievements. This research is qualitative research with descriptive analysis. The data collection techniques used were interviews, observation, and documentation. The data source in the research is the subject from which the data was obtained or taken, namely the Indonesian Muaythai Executive Board. In presenting the CIPP evaluation data, information from the four dimensions is presented comprehensively. In the product component of sports performance development in martial arts, there are two indicators, namely achievement and improving the quality of human resources, which, in terms of performance indicators, have not yet reached optimal performance at the international level. The conclusions of this research are in the form of recommendations that researchers can convey: (1) PBMI needs to collaborate with sponsors in order to foster sporting achievements in muaythai martial arts in Indonesia; (2) it is necessary to increase the distribution and acceleration of trainer certification from branches and regions to the center throughout Indonesia to support the professionalism of trainers; and (3) there needs to be a record of the progress of the physical and technical qualities of each individual athlete, which can be input into the athlete database, so that it can be utilized by users who are interested and involved in developing muaythai achievements.

Keywords: evaluation, achievement coaching, CIPP, muaythai



INTRODUCTION

Achievement development is one of the spearheads in achieving sporting achievements. Creating an achievement is not a process that can be done instantly and immediately see the results, but is a long process that involves various components. This process requires a long time and support and hard work from many parties. Achieving a sporting achievement requires a process that starts from finding athletes through searching for the right talents to get quality athletes, multilateral coaching, the specialization stage and eventually reaching peak performance. Peak performance can be achieved during the golden age or what is usually called an athlete's golden age, which is a reflection of success in sports development.

Sports development is a very important factor in advancing sports achievements in Indonesia. The world of sport today depends on the development of sport itself both in national society and at regional level. In the current development of the world of sports, sports performance development activities are a very important factor in advancing a particular sport. Whether a sport develops or not depends on the development of the sport itself.

Muaythai is a martial art that is popular in Indonesia. Muaythai is a martial art that uses kicks, punches and throws, and is a form of free fighting that originates from Thailand. This sport is a tactical sport that represents the cultural heritage of our ancestors which is currently present among the people of Thailand and other countries.

Muay Thai achievements have made Indonesia proud in international level championships. In order to develop achievements to further improve, it is necessary to evaluate muaythai sports coaching to analyze the progress of the coaching process. Evaluation of coaching achievements in sports is important to carry out in order to make improvements to coaching steps and strategies from year to year. Many muaythai championships are held in Indonesia at district/city, regional and national and international levels. This championship illustrates the mapping of athletes' achievements and the development of muaythai coaching from various regions. In order to advance the sport of muaythai in Indonesia, it is necessary to evaluate achievement development and supporting factors for successful achievement development. Evaluation of muaythai sports development in the 2023 work program needs to be carried out in order to provide recommendations for the program in 2024 or future years.

Researchers have made initial observations as a step to obtain information regarding Indonesia's muaythai achievements. From the results of observations, researchers obtained data related to the implementation of the championship, namely as follows:

Table 1. Organizing Muaythai Championships by PB.MI

No	Championships	Year
1	Junior & Senior National Championships	2023
2	National Muaythai League “Wapres Cup Junior & Senior”	2023
3	Muaythai One Night	2023
4	Asean Muaythai Championship	2023

Source: PB.MI Management Interview, Doc February 2024

The Indonesian Muaythai Executive Board (PBMI) is the organization that oversees the sport of muaythai in Indonesia. Researchers obtained information regarding human resources involved in managing Indonesian muaythai through interviews. This management consists of: (1) Honorary Council, (2) Advisory Council, (3) Advisory Board, (4) General Chairperson, (5) Deputy General Chairperson, (6) Daily Chairperson, (7) General Secretary, (8) Deputy Secretary General, (9) General Treasurer, (10) Deputy General Treasurer, (11) Sectors, and (12) Commissions. Based on the results of initial observations, it was found that the organizational structure of PBMI for the 2022 – 2026 Service Period was with the General Chairperson, namely Ir. H. AA. La Nyalla Mahmud Mattalitti.

Sports coaching is carried out to develop and improve sports performance to the maximum. The process of developing sports achievements is carried out starting from the district, provincial and national levels. The role in achievement development is to organize the implementation of programs that have been planned within a certain time period. (Wicaksono & Supriyono, 2021).

Evaluation of achievement coaching and supporting factors for the success of achievement coaching can be done by observing how muaythai sports performance coaching is implemented. Coaching evaluation is intended as a process for analyzing coaching program plans, program implementation and program results in sports with the aim of being a consideration in the preparation of subsequent programs. The evaluation

capacity of achievement development management at PBMI needs to be evaluated in order to improve or complete the work program that has been carried out previously for optimal results. The main target of increasing management evaluation capacity is that the central PBMI work program, in this case, becomes an estuary for developing sustainable muaythai achievements from year to year to achieve achievements in competition events at the international level.

This research provides recommendations regarding what factors need to be supported to support the achievement of more optimal achievements in the sport of muaythai on future occasions. From this background, researchers want to conduct research evaluating sports performance development for muaythai martial arts athletes in Indonesia.

METHOD

This research combines descriptive analysis with qualitative research methods. Research on independent variables that is carried out independently without comparing or connecting it with other variables is called descriptive research (Abubakar, 2021). The analytical process of describing deductive and inductive findings, as well as examining the dynamics of relationships between observed events using scientific reasoning, is a key component of qualitative research. Natural research, or research conducted in a subject's natural environment, is another name for qualitative research. Rather than generalizing, researchers examine their research subjects thoroughly (Raihan, 2017).

A qualitative investigation, this study will provide athletes who practice the martial art of muaythai with sports performance training. The research methodology of this research is qualitative and uses CIPP (context, CIPP consists of Context, Input, Process, Product, in this case evaluation which is context evaluation; input evaluation, namely evaluation of input; process evaluation, namely process evaluation; and product evaluation, namely evaluation of results.

RESULT AND DISCUSSION

Coaching is an important part of the ongoing process of maintaining achievements. In an effort to increase achievement, evaluation can be carried out using the context, input, process and product stages which are part of the evaluation in order to

achieve the expected results (Wijaya, 2022). Evaluation in this research was carried out by analyzing the program starting from the context which includes the vision and mission and work program, input including human resources for coaches, athletes and funding, process which includes recruitment of coaches, athletes and program implementation, as well as products which include indicators of successful achievement and targets for increasing human resources.

The vision, mission and work program are the context in the CIPP evaluation model used by researchers in this study. At this stage, an evaluation is carried out on resources and program preparation, in this case an evaluation regarding recruitment and support in the program. After conducting interviews and documentation, it can be concluded that in context PBMI has fulfilled the requirements and ideal program planning.

PBMI's vision and mission exists and is documented in the PBMI secretariat and published on the PBMI website. PBMI's mission is "Improving the Achievement of Indonesian Muaythai Sports, through Organizational Development and Increasing Effective Sports Resources, Using Sports Science & Technology, and Building the Character of Athlete to Create Indonesian Muaythai Athletes who Achieve at Regional, National and International Levels". Based on interviews, PBMI's mission has been running well in 2023. This is shown by the increase in achievements in the Indonesian Muaythai sport. Another indicator is that human resource development has been carried out for muaythai trainers in an effort to increase professional human resources. Apart from that, Indonesian Muaythai athletes have emerged who have excelled at regional, national and international levels.

Sports performance needs to be conditioned through a program that is designed in such a way. Coaching needs to be done consistently, according to a schedule, with specific goals. (Vanagosi & Dewi, 2019). PBMI has an annual work program where the work program is prepared in a work meeting at the beginning of the year and agreed upon and with joint commitment to implement each work program agenda. Regarding the work program, there are several points including athlete achievement targets, improvements to the achievement coaching system to increase performance, as well as athlete breeding to develop athletes from an early age who excel until they reach the golden age with maximum performance.

Coaches, athletes and funding are input into the CIPP evaluation model in this research. The coach is a very supportive role in achieving athletes' achievements. Based on the research results, the organization's administrators come from regions throughout Indonesia with the PBMI administrators being appointed for a term of 4 years. There are no regularly scheduled meetings for PBMI administrators, and PBMI does not hold meetings or coordinate with regional level PBMI administrators on a scheduled basis, but based on the interests of the agenda that is implemented at a certain time. Trainers are registered with PBMI, but not all trainers are certified trainers.

PBMI has organized training for trainer certification in order to support the performance and quality of muaythai trainers to become a supporter in producing optimal performance. PBMI holds refreshments for certified coaches as well in order for coaches to have the latest knowledge and skills related to sports science and other coaching sciences. Trainers registered with PBMI prepare training programs every year.

Athletes as the spearhead in participation and achievement in regional, national and international championships require special attention in recruitment, training and evaluation. The number of senior professional athletes included in national level development in 2023 is 50 athletes, while junior athletes are handed over to the Pengprov of each region. Every senior and junior professional athlete has a record of progress in improving their performance from year to year but does not have a record of progress for the physical and technical qualities of each athlete. Meanwhile, progress records for physical and technical qualities also support the preparation of training programs for athletes.

Athlete selection is an important process in identifying and selecting prospective athletes who have the potential to excel in sports. PBMI has made optimal efforts in the athlete selection process at the national level. Objectivity needs to be implemented well so that athletes who enter national level athlete development are athletes who truly meet the qualifications and have good competence and achievements.

Funding is one thing that greatly influences the smooth achievement and implementation of athlete achievement development programs. PBMI provides data related to funding that funding assistance from the center to the regions is equal based on the needs of each region each year. There is no provision of monthly coaching assistance funds for coaches and athletes that are given to the regions on a regular basis. There has

also been no provision of funding for the procurement/maintenance of sports infrastructure which is given to regions routinely every year. However, there are aid funds for developing trainer competency which are given to regions routinely every year. Apart from that, there is also the provision of financial assistance to develop the competency of central and regional organizational administrators which is given to the regions routinely every year. Likewise, there are also assistance funds for developing athlete competency which are given to regions routinely every year.

PBMI has not collaborated with permanent sponsors in organizing championships, only at certain events. In this case, PBMI stated that PBMI provides open opportunities for sponsors who wish to collaborate in organizing regular championships by PBMI. The hope is that with a permanent sponsor, PBMI will have a commitment to establishing mutually beneficial cooperation for both parties.

Recruitment of coaches, athletes and program implementation are process components in the CIPP model evaluation in this research. The role of the coach in training is very decisive, because the coach has close interaction with the athlete. Coaching professionals can assist athletes in achieving their greatest potential by creating training schedules that align with predetermined goals and benchmarks and conducting assessments of completed training programs. (Ghozali et al., 2017).

Coach recruitment considers the trainer's qualifications at both national and regional levels. So far PBMI's recruitment of national or regional level coaches has been tailored to needs, especially when preparing athletes for certain championships. There are national or regional athlete qualifications, but there is no national or regional athlete recruitment scheduled by PBMI. Recruitment or selection is carried out based on the work program formed at the beginning of the year by PBMI.

The main components in sports training are related to the presence of athletes, activity programs, conditions of coaches and referees, courses and upgrading and training (Akhmad & Muhaimin, 2018). There is no program to improve the quality of coaches and athletes to take part in comparative study programs abroad where the sport of muaythai is growing rapidly.

In 2023, PBMI's work program will run according to plan. Various efforts have been made to achieve the PBMI work program targets, including establishing communication with Pengprov and Pengcap in organizing the selection of athletes and

coaches to always uphold sportsmanship. Program evaluations are carried out periodically regarding the achievements of PBMI's work program at the end of the year. The management will evaluate the work program points that have been running. There are obstacles encountered while fulfilling the PBMI work program, but the impact of these obstacles can be minimized, especially those related to disbursement of funds.

Product is the result of implementing the program prepared in planning. The products in this research include achieving achievement and improving the quality of human resources. From the results of research on the participation of muaythai athletes in international events, the 30th IFMA (International Federation of MuayThai Associations) Muaythai World Championship which took place in Thailand, 3-13 May 2023, of the 5 athletes sent, only 1 bronze medal was brought home. This needs to be a special evaluation and attention, so that in the following year Indonesia will get more medals and achievements in international championships. Furthermore, regarding improving human resources, PBMI has carried out training for trainers to continuously improve the quality and professionalism of trainers.

CONCLUSION

The conclusion consists of one paragraph but describes the answer to the hypothesis and/or research objectives or scientific findings obtained. The conclusion does not contain a repetition of the results and discussion, but contains a summary of the research results as expected in the research objectives. If necessary, at the end of the conclusion can also be written things related to the next idea of the research.

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