

THE STRUGGLE OF A WOMAN IN REALIZING HER MENTAL WEAKNESS IN ZARA ZETTIRA'S NOVEL "EVERY SILENCE HAS A STORY"

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Abstract

The objective of this research is an analysis of a novel by Zara Zettira entitled "Every Silence has a Story". The novel, which is written by adapted of Zara Zettira live itself and with the fiction's factor's. Qualitatif approach with analyzing content method. This novel describe about the woman's struggle in solving her live problems. The problems of her research are (1) what are her confrontation with the problems in her adult life? (2) What are the influence of her childhood situation to her life? (3) What are her ways in coping with the problems? The writer discusses those problems by using psychological and sociological approach. The writer finds the theories and data that would make the proven by using a library research way and browsing in the internet. The results of her analysis are: (1) she tried to find Factors of Zaira's silence (2) The influence of Zaira's childhood situation to her adult stages then and (3) Last, the adaptation to Zaira's complicated life.

Keywords: confrontation, the problems, adult life, psychological, sociological,

Novel is one of the literary works, which is an invented literature presented in book form. And literature, itself, is an expression of beautiful thoughts and ideas in a beautiful language and form. Literature helps the readers to understand human sentiments, human interests, human problems, etc. It brings the reader closer to the other human being of other nationalities, cultures, and races and so forth. It is about learning to feel what others feel about certain things. Knowledge feeds the mind while literature feeds the heart.

There are several definitions of literature from many experts. One of them is Terry Eagleton. In his book *Literary Theory: An Introduction*, he writes:

Perhaps literature is definable according to whether it is functional or 'imaginative', but because it uses language in peculiar ways. On this theory, literature is a kind of writing which, in the words of Russian critic Roman Jakobson, 'represents an organized violence committed on ordinary speech'. Literature transforms and

intensifies ordinary language, deviates systematically from everyday speech. (1985: 2)

Eagleton defines how literature is a transformation and the intensification of ordinary language. Furthermore he says that it is a deviation of everyday speech in systemic form. So in other words it is a beautiful language in the form of writings.

So the writer is intrigued to take a novel to be studied. And for the novel to be studied is Zara Zettira's *Every Silence Has A Story*. This is almost like a biography of the author's life, starting from her childhood until reaching her adult period. This novel is felt by the writer to have a deep meaning. The story is about a woman's life, the author's, in struggling to find her weakness and how to overcome it.

Zara Zettira Zainuddin Ramadi, or known as Zara Zettira ZR. was born in Jakarta, August 5th, 1969. Presently, she lives in Toronto Canada with her husband, Zsolt Zemba and their two children. She is a famous Indonesian writer who has written over 200 short stories and 20 novels published in Indonesia.

Every Silence Has A Story is a contemplation of the writer's journey mixed with her dazzling imagination, as a writer enabling this book to be easily understood by the readers. This book describes how Zaira, as the Jain character, struggles in finding and losing the true love that she had once and thought she will never find again. The story begins from Zaira as the first daughter growing up in a very rich family, because her grandfather was a successful businessman at that era and a politician which is based on Islamic views. She did not feel the wealth of her family long enough. Because after her grandfather died, the wealth is decreasing and she began to have a complex life journey until her adult times. In the end she ends up by being silent. Her silence is her unique way to overcome problems and facing the world. Due to this, the writer is challenged to study and analyze this book. Because she is a woman and she is interested in the way of the main characters, Zaira, struggle in her life.

This novel, seen from the writer's point of view, describes many psychological problems. Such as, the story about Zaira's attempts to suicide, how Zaira becomes silent when she is confronted with the problem, how close her relationship with her father even after he died, how bad the relationship with her mother and sister that she has, and finally, how complicated her love life is.

Having read *Every Silence Has A Story*, there are some points of view that can be noted in how to find everything, all that we ever needed, with silence. The problems formulation that is appeared by the writer are:

1. What makes her silent when she is confronted with problems of her life?
2. How does her childhood situation influence her life in her adult stages?
3. How does she finally cope with her complicated life?

Psychological Theories

Psychology as a knowledge has been a phenomena for the last century. It is considered very interesting because it studies about behavior and mental states that are not easy to describe. Many theorist and scholars tried to convey their own thoughts. The most prominent are Freud, Jung, Rogers, Kelly, and so many others. Each has their own critics and support from the people studying about this subject.

In the first chapter the writer has conveyed that Psychology affects almost all the aspects of our lives. And for the need to study this book, *Every Silence Has A Story* by Zara Zettira, the writer wishes to convey about personality. Personality here is studied so the writer can analyze the novel and try to answer the questions arisen which most are based on the main character of the novel, Zaira.

Sociological Theories

Sociological approach is methodological approach of sociology which oriented or directed toward social needs and problems.

This book, *Every Silence has a nog*, is concerned with several mystical experience which is one of part of sociological approach. The writer sees how this experience has influenced the main character in some and other ways. Therefore the writer feels the urgency to take this approach as another mainstream to analyze the book.

One of Beliefs on Mystical things is mysticism and Chinese Astrology. Mysticism is the pursuit of communion with, or identity with or conscious awareness of an ultimate reality, divinity, spiritual truth, or God through direct experience, intuition, instinct or insight.

Mystic is almost always associated to religion practice or culture, especially the Javanese culture in this case. Since it is not easy in searching the mysticism books. Indonesia is always close to the practice of mystical experiences, because Indonesian still holds strongly the culture tradition. The writer finds some but interesting and related to the religion and Javanese culture. The writer finds that the Javanese culture has a mystic religion which is strongly related to their daily life. According to Lee Khoon Choy, in his book *Indonesia between Myth & Reality*, he states:

Kebatinan is a metaphysical search for harmony within one's inner self and one's fellow men and nature, and harmony within the universe, the almighty God. It is the combination of occultism, metaphysics, mysticism, and other esoteric Boctrines - a

typical product of the Javanese genius for synreseach. (1977: 180)

Here he states that *kebatinanis* some sort of religion which has its doctrine also like the real religion as in Islam or Christian. In this particular culture, the Javanese, although these days has asserts some religion and practice them also, but they still strongly belief of this *kebatinan*. As written in the next page of the same book, "*The Javanese traditional spirit of tolerance allows free play for all religions*" (1977: 181). This free play is shown in Khoon Choy writing, "*Most Javanese see nothing wrong or unusual in having a Bukzin' exorcise evil spirits from their homes then go on to the tnosque*" (1977: 181). This shows how religion and the cultural beliefs are going along very well.

The mystical experience is still a phenomenon in Indonesia these days, especially for the Javanese culture. They tend to circle Indonesian lives which has roots from the Malayan culture. And for the mystical practice that the writer finds in this book, the writer would like to specifically discuss about *susuk*.

Susuk is a tool in a mystical experience in the southeast culture. From Wikipedia the writer finds that:

In Malayan culture, susuk, or charm needles, are needles made of gold, or other precious metals, which are inserted in the soft tissues of the body to act as talismans. Susuk has various supposed purposes, ranging from the purely aesthetic to the treatment and other minor ailments or to protect against injury and accident (2010, www.wikipedia.coin).

From the explanation the writer concludes that it is used to enhance someone appearance and ability and for certain benefits such as luck and pride. And not to forget that it comes from the Malayan culture, the ancestor of Indonesian. Population nowadays. It is also closely related to Javanese culture. Not satisfied with Wikipedia's explanation, the writer finds another interesting point from a study by MM Nor et al at Dent maxillofacial radiology (DMF, a British institute of radiology), they state, "*The practice of inserting susuk or charm needles is a traditional belief, genuinely cultural and superstitious and common in the south-east Asian region, especially to the people of Malaysia, Thailand, Indonesia, and Brunei*" (2006, <http://dmfr.birjournals.org/cgi/content/abstract/35/6/273>).

METHODS

The research is done from March 2016 to February 2017. Most of the research is done at home. The rest is done in the library and campus in order to have a discussion with some friends and also lectures to open the writer's mind in order to finish writing her

research. The data that the writer used as the object of her research is in the form of words, phrases, clauses and sentences which are taken from a novel by the title: *"Every Silence has a Story"* by Zara Zettira, as the subject of the research.

The main resource is the novel itself which was written in two languages, Indonesia and English. In this research, the writer will use the English version of the novel as her main resource. Because of this research is a descriptive qualitative research which use novel as its object of study. As a descriptive qualitative research, instrument of the research is the writer himself; and as the instrument of the research the writer browsed the internet and did library research. The technique used in this research is qualitative with contents analysis technique and library technique.

RESULT AND DISCUSSION

The factor of Zaira's silence as a way of her confrontation with the problems in her adult life

Every human has many problems. Each of human problems comes from different subjects or background such as love, family and relationship. Every time Zaira has problems, she often becomes silent. Her silent is the effect of her depression. According to Freud, the conscious and unconscious parts of the mind can come into conflict with one another, producing a phenomena called repression (a state where you are unaware of having certain troubling motives, wishes or desires but they influence you negatively just the same). In general, psychodynamic theories suggest that a person must successfully resolve early developmental conflicts (e.g., gaining trust, affection, successful interpersonal relationships, mastering body functions, etc.). In order to overcome repression and achieve mental health. Mental illness, on the other hand, is a failure to resolve these conflicts. Her silences are shown in some quotation below:

The first caused of silence happened in her childhood moment stated below:

Having been born with so many different types of blood, races and religions made me a serious nine year-old girl. A thinker. And that was where my problems started. I thought too much. I listened too much. And when I had nobody to listen to, I would run to the library and read, trying to find some other 'thinking' materials. (p.11, par. 2)

That paragraph describes about the multiple races that Zaira has. She tried to compromise with those situation by doing something she likes order to avoid from loneliness.

The second silence happened in her love life moment with her mother and her sister, and her close friends, such as Ali and Jodi. From her love story and her relationship with her mother and her sister. Zaira's problems in her love start from her childhood age. In the novel as a part of her relationship confrontation describes below:

After my sister was born, my mother stayed home more. She quit her job for a while because the birth of my sister worried her. It's like a warning sign from God that she had to pay more attention and give more time to her daughter, to my sister. I had some problems too when I was a baby, mostly with my breath. But that didn't make my mother quit working nor did she take it as an alarming situation. Instead, they arranged a name changing ceremony for me. Thank God it worked! (p. 43, par.2)

It shows that there is a distance in Zaira's relationship with her mother. Her mother seems to care much and treats her differently instead of her sister. Adults, just like babies, can be secure, avoidant, or anxious-ambivalent in their attachment. Zaira is jealous or worried about being abandoned. Anxious or ambivalent is always agitated about their relationship. Avoidant people distrust and avoid intimate attachment.

Other proof about the difference in treatment between Zaira and her sister from their mother stated: *So I'd rather say that my relationship with my mother is different because she acts differently and she has different expectations towards me than my father has for me. (p.43, par.)*

There are so many proofs about the bad relationship between Zaira and her mother and her sister, as described below:

So now we all have a better picture on how different my mother showed her love and affections to me. At least it's different to the way she shared affections to my sister. There was obviously a stronger bond between them. My father treats me and my sister equally. If he happened to share more time with me it was simply because my sister spent most of her time with my mother. (p.46, part.3)

It shows from the proof above that psychoanalysts historically believed that depression was caused by anger converted into self-hatred ("anger turned inward"). A typical scenario regarding how this transformation was thought to play out may be helpful in further explaining this theory. Neurotic parents who are inconsistent (both overindulgent and demanding), lacking in warmth, inconsiderate, angry, or driven by their own selfish needs create a unpredictable, hostile world for a child. As a result, the child feels alone, confused, helpless and ultimately, angry. However, the child also knows that

the powerful parents are his or her only means of survival. So, out of fear, love, and guilt, the child represses anger toward the parents and turns it inwards so that it becomes an anger directed towards him or herself. A "despised" self-concept starts to form, and the child finds it comfortable to think thoughts along the lines of "I am an unlovable and bad person." At the same time, the child also strives to present a perfect, idealized (and therefore acceptable) facade to the parents as a means of compensating for perceived weaknesses that make him or her "unacceptable". Caught between the belief that he or she is unacceptable, and the imperative to act perfectly to obtain parental love, the child becomes "neurotic" or prone to experiencing exaggerated anxiety and/or depression feelings. The child also feels a perpetual sense that he or she is not good enough, no matter how hard he or she tries.

Another factor of Zaira's silence is caused of losing relationship with Ali. It describes:

During my childhood. I had experienced two losses. First, I had lost Ali, my friend, which if not for him I would never have started writing. I would have probably died from brain damage, for real I and then there was also my grandpa. (p.20, par3)

Zaira has learnt many experiences about love life around her, begins from the difference of her parents religion, culture, background, races, etc. Then she got the key of those differences which is quote below:

Balance is the key to happiness. And so, love for me has got to be something that will bond many different things together to create a balance. To create happiness.

That kind of thought sounds like way too much for a nine year-old girl, doesn't it? Well, my theory was merely based on the tales I heard from grandma. And the marriage between my Protestant mother and Muslim father proved it even further. (p.11, par.1)

From that paragraph above it can be seen that love for Zaira is a problem. It can make her heart broken. She believes that love is not always makes two people become together, but it cannot make separate two people.

B.The influence of her childhood situation to her life

Zaira's childhood situation is described as a happy moments. It is stated in this quotation: *At that time, I enjoyed being a snobbish little girl who could thatch the color of my ribbon to my dress and to the car I wanted to use to go to school. (p.3, part.3).* This statement describe about the situation of Zaira's childhood. She is a girl who has everything in her life. She feels satisfy that she has everything in her life when she was

childhood.

The happy moments of Zaira's life is also proven in another quotation below:

My father, his two brothers, me, my sister and all my cousins were there in that very special house. The house with a long driveway and fruit trees in the center courtyard, which looks more like a town's park because of its size. No, I am not exaggerating. The size of our courtyard fits about 10 mango trees, 20 banana trees, a few papaya trees and 2 big old bringing trees. But, it looks similar to a giant hairy maple tree. In the center, there is a fountain. The type of fountain you can find in Rome. Stone carved walls about 2 meters in diameters or 78 inches. (p. 53, part.2)

That statement describe about Zaira's home. Her home is like a castle, which means the house are big, lux and beautiful. Everybody who live in will feel happy and comfortable. However, a person who lives in a big house is not guarantee to be a happy person. Most of wealthy people feel lonely because they are poor in socialization with others. It happens to Zaira, she cannot have happy childhood because she does not have many friends. : *I was sent to this Catholic school. It was actually a boarding school. (p.12, part 3).* Other cause why she does not have a lot of friend is because her father sent to a boarding school.

Zaira's childhood is in a strict, religions and closed family. She also surrounding by a strong religions culture. The strict of her family is proven in the statement below:

My grandma came from Sumatera and her ancestors were Arabic and native Sumatrans. They mostly have fair skin compared to those from the Eastern side of Indonesia. They even look like western tourists, you know, those whose skin may likely get sunburn and tanned. And they were mostly strict Moslems. (p. 5, part. 1)

The statement above proven that Zaira's family especially her grandma is a strict person, it means that her grandma has a strong philosophy about her religion, and it is influence to other family members though they have different religion.

In each of family member of Zaira's family has a strong faith to their own religion. The proven of that is the below statement:

I kept praying, together with the rest of family in a Moslem way. Praying to God, asking His mercy to please send our men back. My mother prayed in her own Christian way, in the quiet corner of her bedroom. And sometimes I prayed with her too, in Christian way of course. (p.24, part.2)

That statement proved that in Zaira's family have a many religions and commitment to their own religions. Every religion has different way in implementation. In her family she also surrounding by many religions. It is because they are very close to each other. The proven of that is:

I believed in praying. I believed in miracles, but I also believed in love. The love that had been passed on to me by my grandma, my father and the rest of the facts in my family history. The universal love. The one true love that come out of diversity not similarity. The love so powerful that it could pull two different things together and create balance and happiness. The kind of love I would like to have and to keep in my life. The kind of love I want to share, show and pass on to my children, my grandchildren, my great grandchildren if God permits me to life that long. (p.26, part.2)

It shows that family presence is very important in religion believe. Parents as the role model will give good example for their children. Based on the statement above, Zaira's family have a strong faith in religion, and it effected to each family member.

Zaira's life surrounding by a political lives. Her grandpa is one of a leader in his party. It means that his grandpa has a power politically. He uses his house to organize that party. It is proven in the statement: *There were also two big offices with giant meeting rooms where my grandpa usually organized his party members (p.4, par 2)*. It can be seen from that statement, Zaira's house has multifunction, it is use not only for a shelter but also for business and politics interest.

The situation in Zaira's life especially in her home is influenced by her family background. She has many cultures in her home. Those culture give her many different perceptions in her life. The description of her different family background in the novel is:

So you can do the math. Or don't bother at all because it is pointless. I wrote that just so we could all imagine what kind of life I had and how many people contributed to my upbringing. So many different people, languages, cultures and backgrounds. (p.4, part.3)

The statement above describe that Zaira is a girl who has many background in her life. That backgrounds are languages, cultures and religions. That backgrounds makes her learn that every religions are same. Nothing different about that religions because they finally back to God. That statement above also describe that Zaira point of view is influenced by her family point of view.

Zaira's growth determined by many factors. *The growth and development of a*

human being is determined by two major. They are genetic determinants and environmental determinants. The genetic determinants which happen by Zaira in the way of life, her point of view describe as multiple races and religion of her family. The genetic determinant of Zaira describe can be seen in the statement: *Besides the fact about multireligions and multicultures in my upbringing, there were also a lot of mystical experiences in it (p.27, part.3).*

From the statement above it can be seen that Zaira believe if her childhood situation background because of her multi religions and multi cultures of her family. Zaira's multi religions makes her believe that there is only one God who teach the same thing. It is a kindness of God. Her Julti culture Jake her believes about Chinese astrology, susuk, and all the Kejawen things.

Family has the important role in expression their feelings, emotions, and behaviors, for every member of family. According to Abu Ahmadi in his book *Psychology Social* stated that;dalamhalinikeluargamempunyaiperanan yang besardalammembentukputra -putranya. That means Family has a big part in children development. That the important role of family such as someone's personality and attitude building in their society can be seen in the paragraph below:

Somehow, the way of life here reminds me back of my childhood. Living together as a one big family in a compound is one of them. Family plays a very important role in the community. I personally think that is the way it should be. Community starts with family as the smallest form. And a good start is always the best start. (p.244, par.3)

From that paragraph. Above Zaira explained that family is the smallest form of society. It is because there is a rule, punishment and reward in family as the society do.

I grew up with people like my grandma and father, so no wonder I became such a hopeless romantic and writer. *A dreamer too. My practical thinking came from my mother. (p.9, part.2)*

C. Her ways in coping with the problems

Zaira's finally able to adapt with her complicated life, after several events which happens during her adult life. Each person has different acts toward that her or his problems. One person will be different in faced that problems with other person. Even when Zaira faced her problems still she believes in Chinese astrology that connected with

it said in:

Now I understand my mother more. At least one question has been answered. Now I know that it was not the curse of a Chinese Zodiac sign. It was not a personality conflict. It was about memory, trauma. And that is totally understandable. (p.64, par 2).

Basically everyone have a different personality. Because personality cannot be imitated from one person to other person but can influence people surround them. Family and society have the same differentiation in the personality. Even though have same parents but they cannot have same personality.

The act when Zaira got problems are silence, many point of views in her mind and she tries to suicide herself the prove when she tries to suicide herself is in the statement below

I turned the hot water on and got ready to take a long hot bath. The water was already 30 degrees but it was just not warm enough for me. I felt cold, almost trembling. I step into the bathtub, which was already half filled with steaming hot water. As I lay down, I closed my eyes and hoped to fall asleep and perhaps meet father in my dream. Dreaming is my only hope. So far I have no luck in that. (p.110, par.2)

According to that statement it can be seen that Zaira has the only one hope that she wants to meet her father by killing herself as her statement said in:

I even had the guts to threaten God, for I was so desperate. You know, desperate people will do anything to get out of their despair.

"If you don't let me meet my father, you might as well kill me...."

It's stupid, I know. I can't possibly think I could trick God, can I? By killing me, he would give me the opportunity to reunite with my father. And so far, from what I can see, God's plan was to put me by myself in this game called life. Father is out of the game now. It's only me left.

In relationship with her sister, Jody and others, Zaira always connected each of them with sign for their Chinese astrology. As her standard in order to know whether she could get along with others or not. But after several event happen, finally she got a point that she couldn't use it as the only way to justify their relationship by using Chinese astrology's sign. As the statement said below:

Being Asian and partly Chinese, sometimes it's hard for us not to listen to all this 'superstitious' stuff. There is even a fear of regret. When you have been told and you neglected it and something bad really happened to you, wouldn't you be hitting yourself on the head and saying "I should've listened to it?" And being me, who took everything as a 'sign', I had no ability to ignore it. Balance is the key. I try to take it lightly but also aware. (p.55, part.1)

After her sickness, Zaira's experienced that she has to back to her faith. She finally find the health of meditation. This act only for pray to God.

I am almost in my fifth week now. I am really proud, happy and content. I'm no longer dwelling about my past, but I still remember what father has said to me. The most important thing for me that will make my life complete is to have a family. A happy one. The one I have always wanted but never had. We cannot erase our past but we also should not hang on too tight on it. (p.221, part.3)

Zaira finally find her happy life. She is satisfy with her life. She does not confrontation with everything in her life and she start to accepting her past experience. She feel that she has a complete family like other because she has happy family with her husband. Finally she has a family like what she was wanted and dreamed to in her past.

Beside psychological approach, the research also use sociological approach. *Sociological approach is methodological approach of sociology which oriented or directed toward social needs and problems*

The sociological term in this research is describe as the mystical believe and traditional. In Indonesia itself there are many mysticism practice. Here the writer only describe about Sundanese mysticism, especially in Banten. It is because related with Banten as one of place of time in novel Every Silence has a Story by Zara Zettira.

a. Mystical believe

Mystic is almost always associated to religion practice or culture. Mystical refers to spirituality and believe to God. In Wikipedia, mysticism describe as the phenomenon of having a unique experience of communion with God, an ultimate reality, divinity, or insight into spiritual truths.

Mystics are often part of a larger religious tradition, and form spiritual movements within their religion, such as Vedanta and Kashmir Shaivism within Hinduism, Kabbalah within Judaism, movements of Christian mysticism and Sufism within Islam. *Mysticism is the pursuit of communion with, or identity with or conscious awareness of an ultimate*

reality, divinity, spiritual truth, or God through direct experience, intuition, instinct or insight.

This research will be elaborate about mysticism in Indonesia especially Kejawen and Banten. Kejawen is Java's believe to God in the other hand Banten is in the Banten area.

- Kejawen

Kejawen is not a religion. It addresses ethical and spiritual values as inspired by Javanese tradition. Javanese spiritualism is individualistic. It is Jean that Javanese spiritualism is person to person or person to guru acts. Kejawen also describe as a Javanese spiritual knowledge in search of good and correct way of life.

One of the act in kejawen is kebatinan. Kebatinan is spiritual moment when someone do some ritual for searching their meaning of life. According to Wikipedia, kebatinan is a metaphysical search for harmony within one's inner self, connection with the universe, and with an Almighty God. That's Jean kebatinan is not forget mantra only but also for praying to God. Javanese beliefs are a combination of occultism, metaphysics, mysticism and other esoteric doctrines, exemplifying a Javanese tendency for synresearch. Kebatinan connect with meditation.

Zaira use meditation to solve her problems after she get married and move to Bali.

- Banten

This place is famous as mysticism town. In this place there are many mystical things. One of the mystical things in Banten is susuk. *Susuk is tools in mystical in southeast. Susukis things which are put in the body. Susuk use for enhance someone appearance and ability and for certain benefits such as luck and pride.* www.wikipedia.com said that:

"SUSUK" is something (for example diamond, precious stone or gold in the form of very small! Fine) which has been through the process of high level ritual, then magically inserted into the body (near the eyes, mouth, nose, breasts, hips, vagina), with the intention of those parts of the body to attacking sex Opposite, enhance sex appeal, erradiate inner beauty and aura in that section. For men are usually used for charisma and supernatural powers or martial arts.

Susuk has many functions. It can make someone has power in abuse to other. In www.wikipedia.com say that the function of susuk such as In Indonesia, commonly used by women who need a sympathetic man in carrying out his professional assignment, or is this because the natural instinct of a women who wants to look

beautiful and attractive and it is very popular despite the installation-done in secret. As stated in the following statement from the novel:

I opened my eyes and I saw this little piece of sand. But it was not sand, it was more metal dust. Later on they told me it was gun powder. My grandpa used the gun powder to gain power and to win battles and conquer war. This little gun powder dust was his susuk. This was used to protect himself, to get victory and to fight for his country at large. (p:35, part:4)

It is clear that people who use susuk have their own purpose and have many form, it depend on their needs. For Zaira's grandpa himself, he needs susuk to get power.

Different cultures makes Zaira knows about solidarity and mystical things from that cultures and her interest to that mystical things. The interest of Zaira about mystical things describe in the statement below:

Indonesian believe that names can bring luck. So names were picked carefully. A priest has to count the date, the day and the time you were born and then match it up with the location of the stars and other measurements they have from ancient transcript (p.18, part.2).

From that statement above it can see that Zaira believe that not only her who is known about mystical things in the world. All Indonesian people know about that. Start from when someone picked a name for their children, they must count about everything such as day and date when their children born. In fact, they also watch the situation which happen when their children born to picked a name. It also happen in Zaira's family. Her name picked up some process.

Zaira's family is also have mystical things in their life. She believe that her family have susuk. *Susuk is a magical thing for some purpose.* The uses of susuk in her family can be seen in the statement: *Anyway, my grandpa had one too, this little ting called "susuk". In fact, almost all of our family members had one too, including me! It was all done the Bay we were born (p.30, part.2).* This statement describe that all the member of Zaira's family have a susuk in their body, even they do not know well where the susuk is and what for susuk is.

The mystical life which is surrounding in Zaira's family also describe in the paragraph below:

After saying that, grandma glanced at me. And the next thing I know, I was replacing that priest who was supposed to be the one to perform this magic ritual.

The ritual was to take out the little .susuk from my grandpa. That little thing that was holding him from his death. (p.31, part.3)

Even though Zaira does not know well about susuk, she must joined the take out susuk ceremony. It is because her family believe that she is the one who is pointed to take out that thing by the priest.

CONCLUSION

Every Silence Has A Story is a novel which is written by Zara Zettira. The theme of this novel comes from the journey of Zara Zettira's live. This novel shows and describes much about the point of views of Zaira's mind as the main character of the novel, the multiple aspect in her family such as the religion and the ethnic group of her family member, and her opinions of her problems. *Silence* in *Every Silence Has A Story* is Zaira's act when she got problems. She always do that is because she would never share her problems to anyone that she couldn't trust. Until finally she compromised her problems with silence in her life. *Every Silence Has A Story* novel is one of the novel which shows psychological problems which is experienced by the main character of that novel. It shows about the sociological problems in mystical aspect such as susuk and Chinese astrology which is Zaira believe in. The psychological problems which Zaira have are caused by her act to faces her life problems, the difference treatment in her childhood and the influence of that in Zaira's mind in the adult age. The cause and effect of the depression which happen in Zaira's life, the silence of her life and her confrontation with her mother and sister which happen when she got problems. Zaira does that in order to get the solving of her problems.

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